# LGBTQ+ in Long-Term Care

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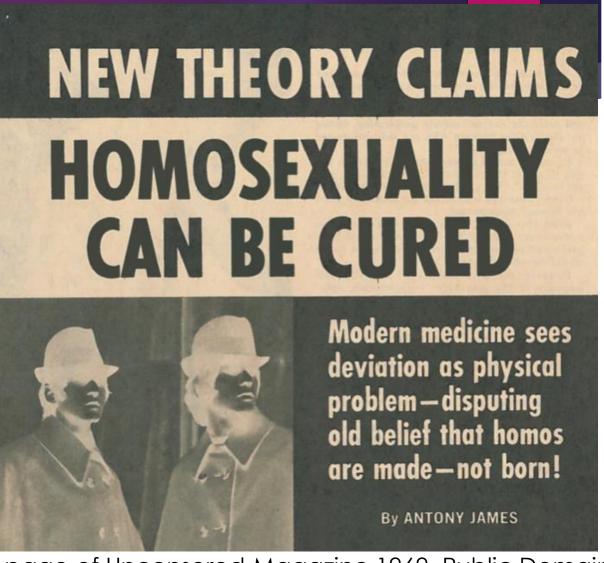
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### A Few Facts About Sexual Minorities

- ▶ 2.7 million LGBTQ+ individuals aged 50 and over
- More likely to be single, childless (90%) & estranged from biological family
- More likely to be reliant on family of choice, friends, etc.
- Experience disproportionate levels of social isolation and stigmatization (compounded with dementia)
- Fewer financial resources
- Greater health disparities (heart disease, diabetes, depression, dementia)
- Decreased health care utilization

### Historical Context

- More than half of nursing home residents are aged 85 or older – born in 1937 or earlier
- Through many of their formative years, they were considered
  - Sexual Deviants
  - Mentally III (electroshock therapy, hormone therapy



Front page of Uncensored Magazine 1969, Public Domain

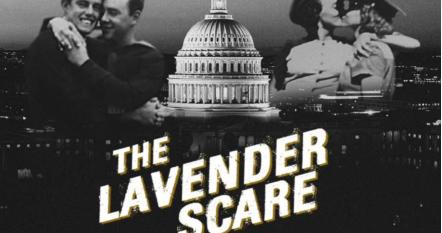
# "Criminals"















# "Victims"



137TH YEAR No. 152 Full Associated Press (AP), National News land NEW ORLEANS, MONDAY MORNING, JUNE 25, 1973 Chicago News Wires and AP WIREPHOTO.

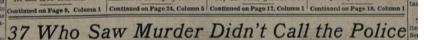
### 29 KILLED IN QUARTER BLAZE



Summit Held Sign

Outside in the visiting area friends and families





### Apathy at Stabbing

#### of Queens Woman Shocks Inspector

#### By MARTIN GANSBERG







# Resilient

1948 Kinsey Report

1950 Mattachine Society Formed

1955 Daughters of Bilities Formed

1958 One, Inc v. Olesen

1962 Illinois Repeals Sodomy Laws

1966 Julius Bar Sip In

1969 Stonewall Riots

1970 First Gay Rights Parade

1974 First Openly Gay Man Elected

1979 National March on Washington

1987 National March for AIDS

1993 Don't Ask, Don't Tell

2003 Lawrence v. Texas

2004 MA Legalizes Gay Marriage

2008 Prop 8

2009 Fed Employees in Same Sex Unions Receive Benefits

2015 Obergefell v. Hodges

## The LGBTQ+ Experience in LTC

- More than 2/3 of LGBTQ+ older adults do not feel they can be open with LTC facility staff about their sexual orientation or identity
- Greatest fears include:
  - ▶ Discrimination by staff (homophobic remarks, hostility
  - Discrimination by residents
  - Isolation from other residents
  - Abuse from staff and other residents
  - Neglect by facility staff

## More Experiences

- Almost 1 in 4 LGBTQ+ residents reported verbal or physical harassment from other residents
- ▶ 1 in 5 were refused admission, re-admission or abrupt discharge
- 1 in 10's medical power of attorney was not accepted by facility staff
- ▶ 1 in 10 experienced a restriction of visitors
- ▶ 1 in 10 was not called by preferred name or pronoun
- ▶ 1 in 20 reported that staff refused to provide basic care and services
- 1 in 20 denied medical treatment

# Organization & Resident Level Recommendations

- Know your residents' stories
- Conduct ongoing assessments of facility's culture regarding LGBTQ+ issues
- Increase staff awareness of LGBTQ+ issues
- Create and LGBTQ+ Alliance Program (Residents and Staff)
- Collect information regarding sexual orientation, gender identity, preferred names and pronouns
- Include preferred names and pronouns on staff name tags
- Display preferred names and pronouns in prominent locations with permission from residents
- ▶ Use inclusive forms, documents, medical records

### Recommendations Continued

- Create LGBTQ+ friendly environments
  - Display Pride Flags
  - Evaluate facility décor and art for inclusivity
  - Evaluate facility brochures and marketing materials for inclusivity
  - Obtain and display posters from LGBTQ+ organizations
  - Stock LGBTQ+ magazines
- Post nondiscrimination statements and enact them as standard policy
- Communicate, communicate, communicate with LGBTQ+ residents, their representatives and your LGBTQ+ staff
- A final word about religion and religious trauma



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